



Almond Butter with Mixed Berries Toasts

Submitted By: Wildtree from Warwick, RI

Number of Servings: 12

Prep Time: 10 minutes

Cook Time: 50 minutes

Ingredients:

1 box Wildtree Whole Wheat Beer Bread Mix, prepared according to package directions

12 tablespoons almond butter, divided

12 tablespoons Wildtree Wildly Blueberry Jam, divided

½ cup blueberries

½ cup raspberries

½ cup sliced almonds, toasted

Method of Preparation:

Bake the prepared Whole Wheat Beer Bread Mix according to package directions. Let cool; cut into 12 slices. Toast each slice. Spread 1 tablespoon almond butter on each slice of toast. Top with 1 tablespoon Wildly Blueberry Jam, berries, and sliced almonds.

Nutritional Information:

Calories: 340

Fat: 11g

Saturated Fat: 1g

Carbohydrates: 50g

Fiber: 1g

Protein: 9g

Cholesterol: 50mg

Sodium: 300mg